

## Elmer Postle

**Gender: Male <> Nationality: British <> Birth year: 1965**  
**Languages: English, passable French**  
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## Work Background

- Nov 2008** Start of 1 year project '**little films:to be free**' film-a-week project see [www.owl.postle.net](http://www.owl.postle.net) for further details.
- 2008** Corporate work for Hemisphere/Eli Lilly Pharmaceuticals.
- 2002/8** Freelance Broadcast camerawork for **BBC News and Current Affairs** covering national and international stories including **BBC1, News 24, BBC World.**
- 2007** A number of international projects sold as DVD's.
- 2005** **Director / Producer of 4 hour DVD (+US Cable)** for international teacher Eckhart Tolle, 'Stillness Amidst the World' recorded at The Findhorn Foundation, Scotland. (PAL Digibeta).
- 2004/6** **BBC World Service Trust:** Directed month-long training for competition-winning Russian television professionals studying film making in the UK. Also projects in Jordan and Ukraine training film makers and technicians cross-culturally in camera-work and editing.
- 2004** Completed direction and production of US/UK independently funded documentary "**The Psychology of Birth : Invitation to Intimacy**" Shot USA (53 mins, Pal Digibeta). Endorsements attached.
- 2004/5** Many public **screenings** of above film including at Prenatal and Peri-natal Psychology Conference, Heidelberg; for midwives in Cape Town, South Africa; in London to 220 birth professionals; Findhorn Foundation; Lancashire College of Midwifery.
- 1995/2001** Freelance news camerawork in South West of England - **Carlton TV.**
- 1999** Post Grad Student for a year in Santa Barbara, California. Produced two computer graphics based educational films about the physiology of birth for Castellino Training, California.
- 1989/95** **Camera assistant** on film and video for many fine documentary and drama cameramen. For C4, BBC, ITV and others, Europe/UK. Fifty dramatisations for BBC's '999'
- 1998** **Short Film** (self funded): 'Our Living Elders' (DV 20mins)
- 1997** **Short Film** (self funded): 'This Tree Will Be Here For A Thousand Years',(Beta SP 24 mins)
- 1989** **Two films** for the Parent Network parenting charity. One 20 'promo' documentary and a half hour drama teaching film made with professional actors.

## **Educational Background**

**2004/7** : Final year student in therapeutic training offered by Source Foundation International.

**1999 /2001** : Two year therapeutic training in Pre- and Peri-natal Birthwork with Ray Castellino, Santa Barbara CA.

**1983 / 2006** : Extensive participation in personal development, meditation and psychotherapy practice.

**1985 /1988** : Bachelor of Arts (Hons) University of East London. Self-directed degree in 'Humanistic Psychology and Video'.

**1982 /1984** : A-Level Art, and Diploma of Higher Education in General Art and Design, Hounslow Borough college.

**1977 / 82** : O-Levels, Chiswick School, London.

## **Other Interests**

Walking in the Scottish Highlands, parenting my son, Steiner-Waldorf Education, fine wines and good conversation, living on or near the river Thames, environmental sustainability.

**Endorsements for  
'The Psychology of Birth: Invitation to  
Intimacy'  
(53 Mins Pal Digibeta Widescreen)**

*“Intelligent and inspiring”*

*BBC's **Storyville** Documentary strand*

*“A great watch”*

*Channel 5's science editor*

*“(The) film is tender and gentle, and the camerawork is excellent.”*

***Sheila Kitzinger**, internationally recognised author on childbirth.*

*Recent books include : 'The New Pregnancy and Childbirth' and 'Rediscovering Birth'.*

*“I enthusiastically endorse the film made by Elmer Postle on the psychology of birth... It is recommended viewing for all parents to be, as well as health care professionals involved with birth”.*

***Mr Yehudi Gordon** MB Bch FRCOG FCOG (SA), British Consultant Gynaecologist.*

*Author of 'Birth and Beyond' (2002) and 'The Encyclopedia of Pregnancy and Birth' (1992, with Janet Balaskas).*

*“It is a great experience that should be seen by all expecting parents.”*

***Lloyd DeMause** : Director of the Institute for Psychohistory. Books include 'The History of Childhood' and 'The Foundations of Psychohistory' and 'The Emotional Life of Nations'.*

*“It is a beautiful and very useful film. I love it and it gave me insights. Also, very moving. Thank you. “*

***William Bloom** Ph.D, B.Sc, Cert. Ed.: Arguably Britain's leading teacher, author, & practitioner of the holism movement.*

*“This is an extraordinary film,...and the director’s vision is truly noteworthy.”*

***The Journal Of Prenatal and Perinatal Psychology and Health.***

*" Any mother can tell you that her baby is an exquisitely sensitive being. This film presents us with information and research from some of the most respected psychologists and childbirth professionals. To me this film resonates with truth and the message that our society can benefit enormously if we can learn these lessons. It is a wonderful film.”*

***Julie Krausz.** Childbirth Education Teacher, Yogabirth and Active Birth Teacher.*